#### Welcome to HENG

Our restaurant pays culinary homage to that Malaysian spirit of openness, innovation and 'mix and match' to create amazing culinary experiences.

Zheng is named after the Chinese Admiral Zheng He, whose travels in the early 15th century sealed the establishment of the Malacca Empire (effectively today's modern Malaysia) as the Southeast Asian centre of trade, commerce and of course cuisine.

Zheng He was one of the world's great explorers, sailing throughout the East as a peaceful diplomat of the Chinese Ming emperor. Born in Kunyang, Yunnan in the late 14th Century as a Muslim, when he was just 10 years old his homeland was invaded. Zheng He was taken prisoner and made a palace eunuch. As he grew into manhood, his intelligence, bravery and loyalty earned him the trust of the emperor and he rose up the imperial administrative hierarchy to the venerable position of Chief Envoy of the Royal Fleet.

Historical records show that during seven voyages, Zheng He visited coastal cities across South East Asia, South Asia, Western Asia and Africa often accompanied by a massive retinue of over 300 ships and about 30.000 crew. Everywhere he went he would exchange gifts and share knowledge and technology with native communities. Some argue that Zheng He's missionary zeal had a significant impact on the known world. In his best-selling book "1421 - the year China discovered the world" Gavin Menzies even presents evidence to support his surprising claim that Zheng He discovered America before Christopher Columbus!

Zheng He landed on the shores of Malacca on five of his voyages. This period witnessed the rise of the Malacca empire and the beginning of centuries of exchanges of goods, ideas, people and culture, that transformed Malacca into an open and diverse community, melting pot of cultures, religions and the practice of fusion cuisine.

Today, Malaysia comprises three major ethnic communities, each has played an important role in defining "Malaysian Cuisine". The Malays have perfected the art of mixing local and imported herbs and spices in their cooking; the Chinese brought to Malaysia woks and sauces; the Indians introduced their roti's and hot curries. The three combined culinary traditions have preserved their distinct identities, but have also influenced each other over the years to create an exciting & vibrant national Malaysian cuisine - Asia's finest!

# ZHENG THE CHEF'S CHOICE

If you are unsure where to start, allow us to surprise you with a personalised meal according to your preferences.

Please speak to one of our friendly Zheng staff and we will get you sorted

starting from:

one course

two course

£29.90 | £

£49.90

price per pax (minimum of 2 pax)

#### DIM SUM

Steamed Dim Sum

5.90 SIA JIAU [4] chopped king prawn

5.90 PRAWN DUMPLING [4] with coriander

5.50 CHICKEN SAU MAI [4]

5.50 SWEET CUSTARD BUN [2]

#### **Grilled Dumpling**

Served with Chinese vinegar.

7.50 DUCK DUMPLING [4]

6.90 CHICKEN DUMPLING [4]

6.50 VEGETABLE DUMPLING [4]

#### APPETISER & SOUP

Satay chicken skewer, sesame prawn on toast, salt & pepper squid, vegetarian spring roll (v) & seaweed salad (v).

Zheng's Starter Platter (min2) per pox 12.00

pepper squid, vegetarian spring roll (v) & seaweed s	alau (v).	
Crispy Aromatic Duck Served with pancakes, hoisin sauce & salad.	27.90	QUARTER DUCK HALF DUCK WHOLE DUCK
Satay Skewer [4] mildly spicy nuts Chargrilled marinated skewers served with peanut sauce and cucumber – a highly popular Malaysian street food.	9.50 9.90	CHICKEN BEEF
Cucur Udang [6] Prawn fritters with onions and chives, served with homemade sweet chilli sauce.	9.50	
Chilli Salt & Pepper spicy	8.50	
Sesame Prawn Toast [4] Minced prawn on crispy toast with sesame seeds.	9.90	
Vegetarian Spring Roll (2) (V)	7.50	
Fresh Seaweed Salad ™	7.50	
Steamed Scallop subject to availability with ginger and garlic.	(min 2) each 10.90	
Seaweed Egg Drop Soup ⋈	7.20	
Tomato Egg Drop Soup ⋈	7.20	
Hot & Sour Soup spicy		CHICKEN & KING PRAWN VEGETARIAN
Won Ton Soup chicken & king prawn	7.90	
Sweetcorn Soup	7.50	CRAB MEAT CHICKEN VEGETARIAN



## CHICKEN

Sambal Chicken extra spicy Chicken stir fried with dried shrimp chilli paste.	16.50
Rendang Chicken spicy Chicken slow cooked with coconut based spicy sauce – a classic Malay dish.	15.90
Satay Style Chicken mildly spicy nuts Chicken stir fried with peanut based spicy sauce.	15.90
Curry Chicken mildly spicy Malaysian style curry with chicken thigh on the bone & stewed potato.	15.90
Crispy Mango Chicken Crispy fried chicken with Chef's special mango sauce.	15.90
Fried Boneless Chicken spiog nuts Chicken stir fried with dried chillies, cashew nuts & Szechuan pepper.	15.90
Godmother Chilli Chicken extra spicy Stir fried with dried chilli oil & peppercorn.	15.90
<b>'Kung Bao' Chicken</b> middy spicy nuts Chicken stir fried with dried chillies & peanuts.	15.90
Sweet & Sour Sesame Chicken Deep fried chicken with sweet & sour sauce and sesame seeds.	15.90

### DUCK

Roast Duck nuts subject to availability Served with or without peanuts.

16.90 QUARTER DUCK 31.90 HALF DUCK

#### BEEF & LAMB

Rendang Beef spicy A classic Malay dish – beef slow cooked with coconut based spicy sauce.	16.90
'Rendang Tok' Beef Beef slow cooked with sweet soy sauce based on a special family recipe.	16.90
Satay Style Beef mildly spicy nuts Beef stir fried with peanut based spicy sauce.	16.90
Beef with Aubergine mildly spicy Beef stir fried with aubergine, garlic & soy sauce.	16.90
Beef Stir Fried in Oyster Sauce A popular non-spicy option.	16.90
Crispy Shredded Beef mildly spicy Battered & fried beef strips with sweet & sour sauce.	16.90
Godmother Chilli extra spicy Stir fried with dried chilli oil & peppercorn.	16.90 BEEF 18.50 LAMB
Cumin Spicy Lamb spicy Lamb stir fried with cumin, fresh pepper, chilli & onion.	18.50
Curry Lamb spicy Malaysian style curry with stewed potato.	18.50



# SEAFOOD

Asam Pedas spicy	24.90
Fish fillets cooked with gravy made from South East Asian herbs & spices.	
Sambal Seabass extra spicy Seabass with dried shrimp chilli paste.	24.90
Steamed Seabass Seabass steamed with light soya sauce, ginger & spring onion.	24.90
Sweet & Sour Crispy Seabass Fried seabass fillet with sweet & sour sauce.	24.90
Crispy Cereal King Prawns mildly spicy King prawns with chilli, curry leaves and oats – a modern Malaysian Chinese creation.	18.90
Sambal King Prawns extra spicy	
King prawns stir fried with our special Sambal sauce. With Petai Beans (bitter beans) subject to availability	18.90 21.90 WITH PETAI BEANS
Satay Style King Prawns mildly spicy nuts King prawns stir fried with peanut based spicy sauce.	18.50
Salted Egg King Prawns King prawns with salted duck egg yolk.	18.50
Chilli Peppercorn King Prawns extra spicy Lightly fried king prawns stir fried with dried chilli oil and coriander.	18.50
X.O. Sauce Scallops spicy subject to availability Scallops stir fried with Chinese X.O. sauce.	19.90

# VEGETABLES

Kangkung Belacan spicy (Water spinach) stir fried in spicy chilli sauce.	9.50
Okra Belacan spicy Okra, or ladies' fingers, stir fried in spicy chilli sauce.	9.50
Green Beans mildly spicy Green beans with dried chillies & minced chicken.	9.50
Chinese Leaf (v) vegetarian option Chinese leaves stir fried with Chinese mushroom.	8.90
Gai Lan (v) vegetarian option (Chinese kale) stir fried with garlic or oyster sauce.	9.50
Choy Sum (v) vegetarian option Chinese green vegetable stir fried with garlic or oyster sauce.	9.50
Stewed Aubergine (v) spicy Aubergine stewed with chillies.	8.50
Mixed Vegetables (v) vegetarian option Mixed vegetables stir fried with garlic.	8.50
TOFU	
Chai Pu Tofu (v) mildly spicy Freshly made Tofu with dried radish, chilli & spring onions.	13.90
Mapo Tofu extra spicy Tofu with dried chilli, Szechuan pepper & minced chicken.	13.90 11.90 VEGETARIAN
Salted Egg Tofu Fried tofu with salted duck egg yolk.	13.90



# RICE PLATES, NOODLES & ROTI

Nasi Lemak spicy nuts Coconut rice served with spicy sauce (sambal tumis), egg, cucumber, fried anchovies, peanuts and Rendang chicken. Loved by Malaysians for breakfast, lunch, dinner, anytime!	14.90	
Nasi Goreng Kampung spicy Fried rice with egg, dried anchovies, shallots & spicy sauce (sambal belacan).	13.90	
Nasi Pattaya Fried rice with chicken, prawn & shallots wrapped in thin omelettes.	13.90	
Char Kuey Teow middy spicy Flat rice noodles stir fried with eggs, prawns and sambal on the side. This is a specialty of Penang Island, the food heaven of Malaysia.	14.90	
Singapore Fried Noodles mildly spicy Thin rice noodles stir fried with prawn, chicken & vegetables.	13.90 12.90	VEGETARIAN
Fine Noodles Stir fried with chicken or prawn.	10.90 13.90 9.90	
Steamed White Rice The perfect accompaniment for all dishes.	3.90	
Coconut Rice (v) Coconut rice used in Nasi Lemak. Goes well with Rendang, Satay or Sambal dishes.	4.20	
Egg Fried Rice ⋈	5.90 8.50 11.90	CHICKEN PRAWN
Roti Canai with Chicken Curry spicy Indian crispy flat bread served with chicken curry.	13.90	
Roti Canai (v)	4.90	